



WHAT IS SEXUAL ASSAULT?

Sexual assault or sexual abuse is defined as any involuntary sexual act where a person is forced or pressured into doing something against their will. The victims of sexual assault can be a man or a woman, adult or child.

YOU DO NOT HAVE TO BE ALONE WITH YOUR THOUGHTS



DIXI RESOURCE CENTER
AGAINST SEXUAL ASSAULT



H O P E

D I A L O G U E

S A F E T Y



Help to Self-help



Understanding



DIXI is Latin and means "I have spoken, I have told"



DIXI RESOURCE CENTER AGAINST SEXUAL ASSAULT

PLEASE CONTACT US!



DIXI resource center against sexual assault is a low threshold offer for sexual assault victims or their next of kin. We don't offer treatments, but guide you to Self-help. Everyone who works at DIXI are skilled with broad experience in the field and some of us have also been victims of sexual assault.

At **DIXI** we offer victims or their next of kin someone to talk to in a safe arena where we together can create hope for the future.

Our offer is free of cost, you don't need a referral from doctor and we have duty of confidentiality.

DIXI OFFERS



- Counseling for victims and their next of kin
- Group therapy for victims and their next of kin
- Self-help groups
- Free legal aid
- Phone, Mail and Skype Calls
- Help to get in touch with the welfare system
- Evening meetings, lectures and information to other support services and other interested!

WEBSITE: www.dixi.no
PHONE: 22 44 40 50/930 58 070
EMAIL: dixi@dixioslo.no
ADDRESS: Arbinsgt. 1, 0253 Oslo

OPENING HOURS:
 Monday-Friday, 9:00 until 15:00

After opening hours you can leave a message by phone or mail and we will call back.

You are always welcome to contact us!